Tambov regional children's clinical hospital is a leading institution of regional health care, where all multi-specialized pediatric and obstetric and gynecological medical care is concentrated to the population of the region.

Residents and guests of our region can be sure that our specialists will provide highly qualified medical care to each patient, regardless of citizenship and place of residence. In an emergency or on a scheduled appointment, we are ready to provide a full range of services to restore and maintain the health of young patients from birth to 18 years, as well as expectant mothers.

The institution consists of outpatient and inpatient units, diagnostic units, pharmacy, auxiliary, paraclinical, economic and other services. In the Advisory-diagnostic pediatric clinic daily you can consult the doctors in 20 specialties. Among them are candidates and doctors of medical Sciences, doctors of the highest qualification category. We made sure that the visit to the doctor was as comfortable as possible for the child. Friendly atmosphere avoids stress, and therefore creates conditions for informative and accurate diagnosis of the disease. If necessary, patients can undergo additional examination in diagnostic rooms: ultrasound, x-rays, CT, MRI, REG, ECG, as well as various laboratory studies. The hospital of Tambov regional children's clinical hospital includes 10 clinical departments. At the disposal of doctors the latest high-tech equipment: anesthesia and respiratory systems, monitors tracking vital functions of patients, endovideosurgical equipment, urodynamic system, ENT harvesters, equipment for hydrosurgical and laser treatment of burns in children.

In the physiotherapy Department your child will be able to undergo treatment and rehabilitation procedures from massage to laser therapy. The unique methodology of Vojta therapy produces impressive results in the treatment of abnormalities of motor function. Specialists of surgical departments successfully practice low-traumatic methods of surgical treatment. This reduces the period of rehabilitation of the patient and allows you to quickly return to an active life. Cervical adenotomy in ENT practice has become a popular and effective way to remove adenoids. The risk of complications is minimized.

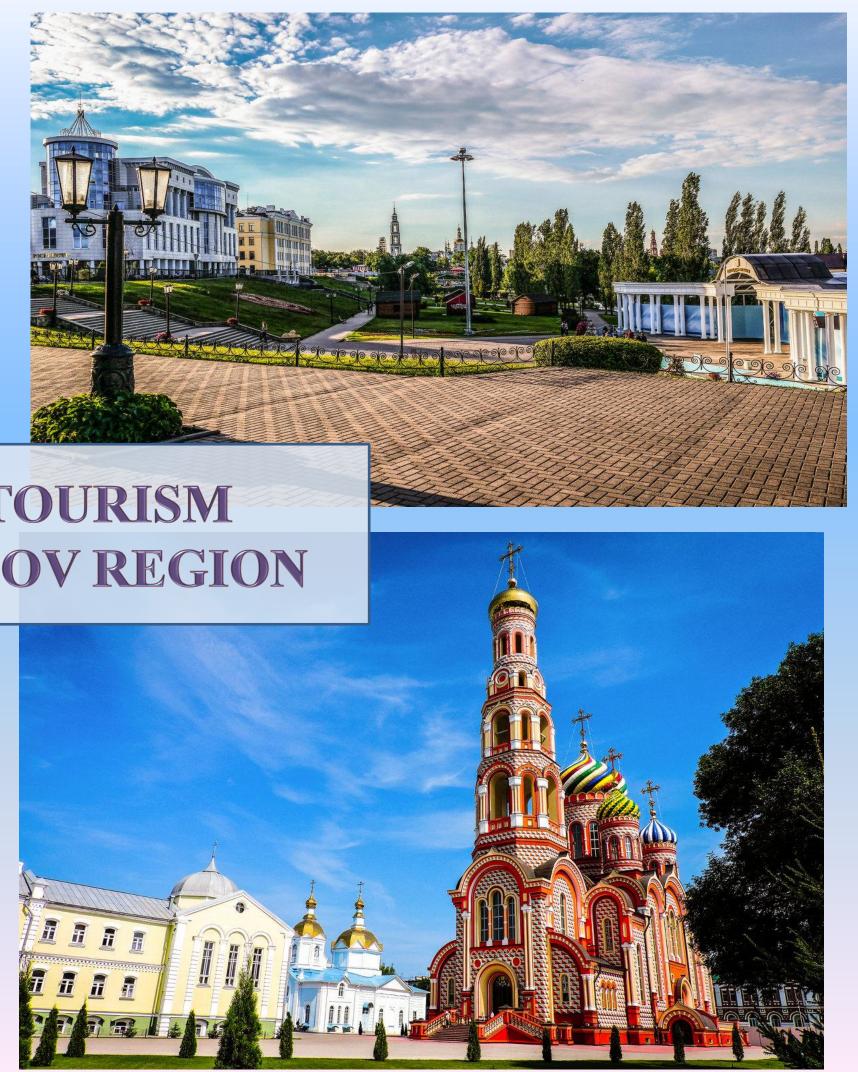
For young patients created a cozy atmosphere in the wards of both General and individual stay.

Perinatal center. St. Martha of Tambov receives pregnant women and those who are just preparing for this important event. Here you can go through a full range of studies, on the basis of which the doctor will make a conclusion about your reproductive opportunities and possible risks. For accurate diagnosis at the disposal of our doctors laboratory of neonatal and biochemical screening, molecular cytogenetic studies and prenatal diagnosis. All the latest achievements of medicine in the field of obstetrics and neonatology are concentrated in our center. Here resuscitation, intensive care and the second stage of nursing are combined in one place. The baby can receive high-tech medical care, including deep prematurity.

Trust your health and the health of children to professionals !!!



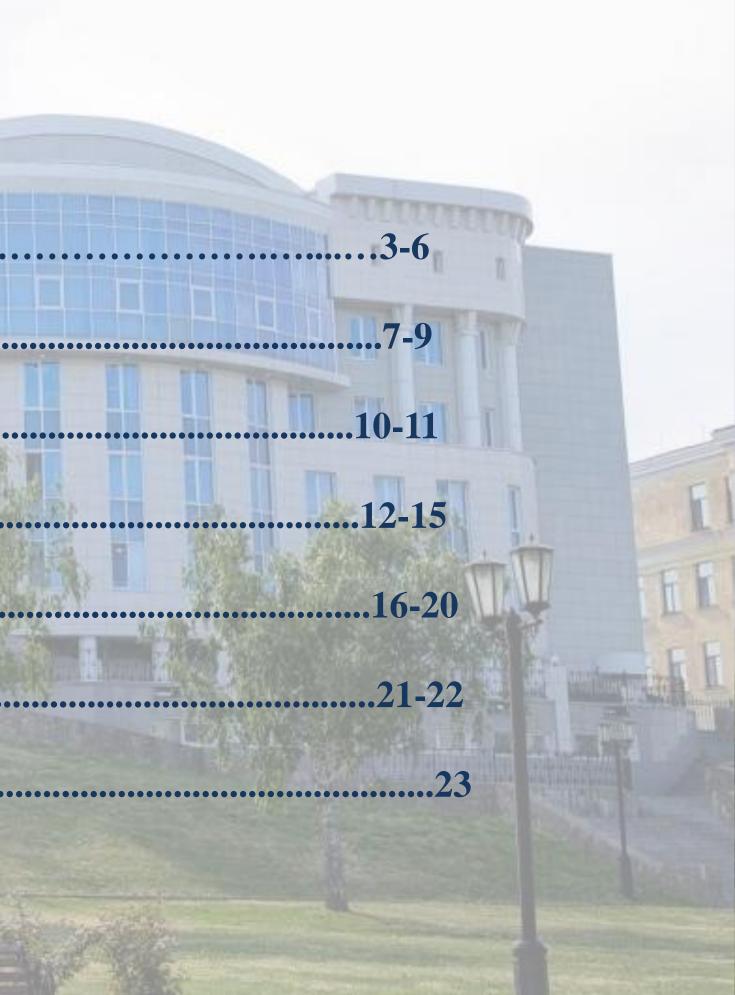




# **Contents:**

Medical treatment in the Tambov Region. How does it work ?..... Step I : Choose a health facility in Tambov Region. 

Contact information.....



# Medical treatment in the Tambov Region. How does it work?

# **Medical treatment in the Tambov region is**



## **High quality**

High quality medical care meeting standards and procedures for providing medical care







## **The best doctors**

Highly trained doctors, nurses and other medical specialists



## Low cost

Medical care in Russia has an excellent costto-quality ratio



## Acquaintance with region culture

You will get acquainted with the cultural and historical heritage os the region.





# Getting medical treatment in the Tambov region



In the Tambov region there are outpatient medical care and inpatient medical care. Healthcare facility specialists will provide assistance with choosing the type medical care you need.

## **Outpatient medical care**

Get your health check-up within 2-3 days while you are on vacation (learn more on the website of the medical organization you have selected)





## **Stationaroly**

Choose health facility according to the medical procedure you are seeking and come to Russia for hospital admission (learn more on the website of the medical organization you have selected)

# How to get medical care in the Tambov region?













Welcome to Region

# **STEP I** Choose the best health facility according to the medical procedure you are seeking



# Medical care profiles State institution of health "Tambov regional children's clinical hospital»

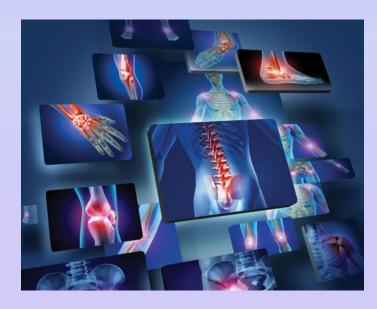
## Cardiology



## Endocrinology



## **Traumatology and orthopedics**



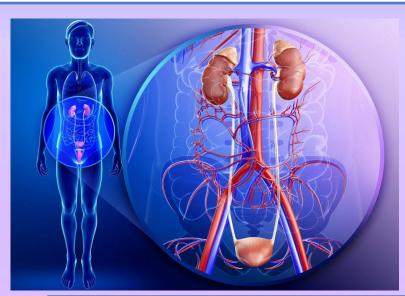
## Neurology and neurosurgery



## http://www.odb.tambov.gov.ru



## **Urology and Nephrologists**



## Otorhinolaryngology





## **Medical care profiles State institution of health "Tambov regional** children's clinical hospital»

## **Surgery and vascular surgery**



## Gastroenterology









## http://www.odb.tambov.gov.ru



# **STEP II**

10

Contact a specialist from your chosen health facility to decade on the form of medical treatment you need and for preparing documents for your visit to Tambov region



## **Read the information**









Get a confirmation for treatment and follow the instructions to apply for a visa

## **TAMBOV** regional children's clinical hospital

8 (4752) 58-11-88









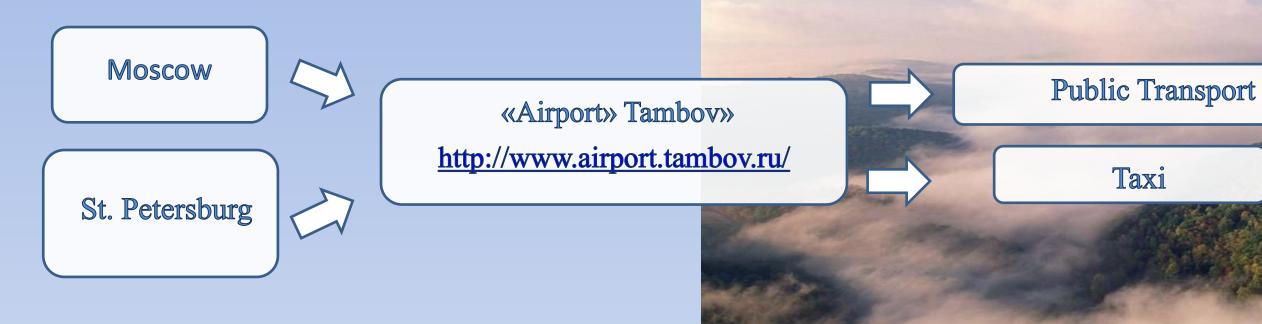
post@odb.tambov.gov.ru

# **STEP III**

Select the best type of transportation and accommodation in Tambov region



## If you arrived in Tambov by plane:



## Если вы прибыли в Тамбов железнодорожным транспортом:



Routes and Schedule of public transport: http://maps.transport68.ru

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You can get from the airport to the city by taxi there are plently of taxi apps: (UBER, YANDEX TAXI, ABTOJIMIA, MAXIM)

> Routes and Schedule of public transport: http://maps.transport68.ru

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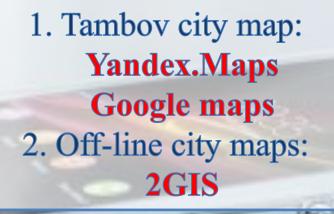


## Travel apps to download before your trip (for IOS И ANDROID)

## **Public transportation**

**City maps** 

1. Bus,trolleybus, cable car: Yandex.Transport





## **Attractions in Tambov region**

1. City guide Apps: **TripAdvisor** 2. Restaurant guide App : **Triposo Redigo** 

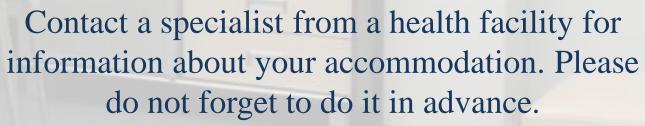


## **Accommodation options if you are** coming for outpatient admission

Please contact a tour operator or assistance companies if you need any assistance with organizing your trip: https://www.booking.com https://www.trivadvisor.com https://www.airbnb.com



## **Accommodation options if you are** coming for inpatient admission



# **STEP IV**

# Apply for a Russian Visa

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## **REGULATORY FRAMEWORK FOR VISAS FOR FOREIGN CITIZENS**

In accordance with article 2 of the Federal law of 25 July 2002  $N_{2}$  115-FZ "On legal status of foreign citizens in the Russian Federation" the foreign citizen - the physical person who is not a citizen of the Russian Federation and having proofs of availability of nationality (citizenship) foreign state; stateless person - a natural person who is not a citizen of the Russian Federation and not having proofs of availability of nationality (citizenship) of a foreign state.

In accordance with article 25.2 of Federal law No. 114-FZ of 16 August 1996 "on the procedure for departure from and entry into the Russian Federation", a visa may be single-entry, double-entry or multiple-entry.

In accordance with article 25.6 of the Federal law of 16 August 1996 N 114-FZ "On the procedure for exit from Russian Federation and entry into the Russian Federation" depending on the purpose of entry of a foreign citizen in the Russian Federation and the purpose of his stay in the Russian Federation ordinary visas are subdivided on private, business, tourist, educational, working, humanitarian and entry visa to the Russian Federation in order to obtain asylum, obtain permission for temporary residence in the Russian Federation or to granting citizenship of the Russian Federation.

Article 25.9. A foreign citizen or a stateless person entering the Russian Federation must obtain and fill in a migration card. Migration card is subject to delivery (return) at the checkpoint across the state border of the Russian Federation at the departure of a foreign citizen or stateless person from the Russian Federation.

According to article 18 of the section II in the Russian Federation depending on the purpose of entry of foreign citizens to the Russian Federation and the purpose of their stay in the Russian Federation there are the following categories of visas: a) diplomatic, b) office, C) ordinary, d) transit, e) the visa of temporary resident

## What types of Russian visas are there\*

\* In accordance with the Annex to the joint order of the Ministry of foreign Affairs of Russia, MVD of Russia and FSB of Russia from December, 27th, 2003 № 19723A/1048/922

**VISA TYPE: TOURIST PURPOSE OF STAY: TARGET TOURISM** 

The period of validity: Up to 30 days

### **FOR SOMEONE:**

For those who visit Russia for tourism purposes on a specialized tour for health check-ups or medical consultations

**VISA TYPE: BUSINESS PURPOSE OF STAY: TREATMENT** 

> The period of validity: Up to 90 days

## **FOR SOMEONE:**

For those who visit Russia for medical treatment, health check-ups, medical advice with official invitation obtained from a health facility (except target tourism for the purpose of treatment and critical care)





**VISA TYPE: PRIVATE PURPOSE OF STAY: SPECIAL CASE** 

The period of validity: Up to 90 days

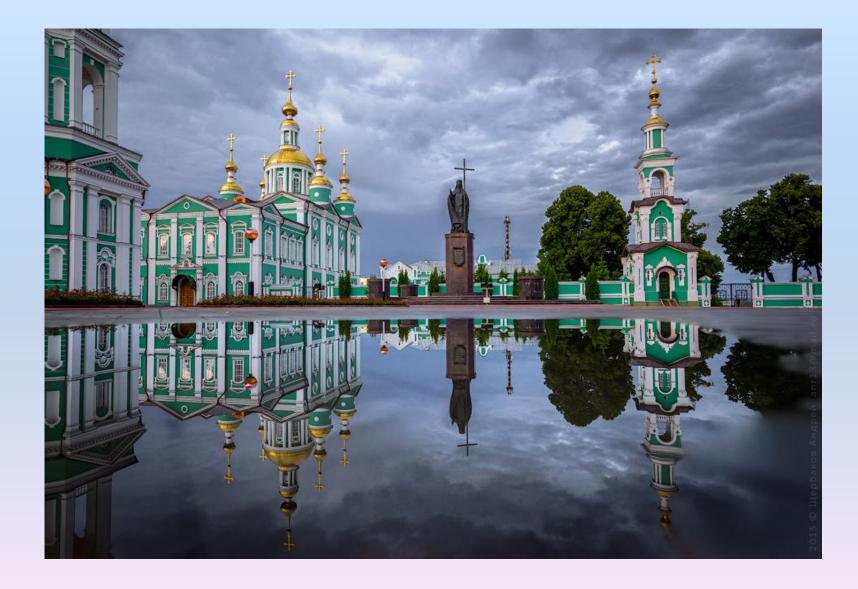
**FOR SOMEONE:** 

For those who travel to Russia for emergency medical treatment or to visit a sick relative

# Help with processing documents for entering Tambov region

## **Getting an official invitation in Tambov** region

Once you get an approval for treatment, the health facility should obtain an official invitation and submit your documents to the Federal Migration Service of Tambov region in order to register your migration





In case you need additional help with applying for a Russian visa? You can contact travel agencies or travel companies

## **Applying Through travel agencies or travel** assistance companies

# Welcome to Russia ! Emergency telephone nubmers

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# Useful and emergency telephone numbers

## Federal Migration Service of Russia



8(800)350 23 69 доб. 381

# Emergency

**112** 

ногорупкциовальнай центр предоста злон: и услугнаса,

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File IT

## 8 (800) 222 74 47

МИНИСТЕРСТВО ВНУТРЕННИХ ДЕЛ РОССИЙСКОЙ ФЕДЕРАЦИИ



Police





# TAMBOV regional children's clinical hospital8 (4752) 58-11-88

## post@odb.tambov/gov.ru

Tambov, ul. Ryleeva, d. 80





